CMSC’S ROAD LESSON
COVID-19 PREVENTION PROTOCOL
The Building is Closed. Do Not Enter the Building

- You are encouraged to provide your own personal protective equipment (PPE). A mask and hand sanitizer will be provided if needed.

- Before lessons start a Covid-19 questionnaire/waiver form will be sent to each student and their family. The form must be returned to the office before the lesson. To minimize exchange of paper, email is the preferred means of communication. Please contact the office if you prefer to use the US Postal service.

- If you are sick, please cancel the lesson.

- Each lesson will be 75 minutes; 15 minutes for interview regarding corona virus infection symptoms and/or exposure and 60 minutes instruction time.

- At minimum, a mask must be worn, Additional PPE (examples include, but are not limited to disposable non-latex gloves, face shield) may be used at your discretion. This includes anyone accompanying you who will have contact with CMSC staff, a parent/guardian for example. Instructor will wear, at minimum, a mask and additional PPE (examples include, but are not limited to disposable non-latex gloves, face shield) at their discretion.

- The CMSC parking lot will have designated areas for the CMSC vehicles and the parent/guardian vehicles. Please follow the staff directions and/or signs and stay in your vehicle until asked to exit by the instructor.

- Maintaining 6-feet distancing, the Instructor will approach the student, parent/guardian vehicle. You will be interviewed regarding exposure to corona virus symptoms. These include, but are not limited to –
  - Fever
  - Chills
  - Muscle pain
  - Headache
  - Sore throat
  - New loss of taste and/or smell.
  - Exposure to someone diagnosed with Covid-19 and/or time spent in a hot spot within 14 days

If you are symptomatic or have a known exposure risk the lesson will be cancelled.
• The Instructor will ask you to approach him/her for visual screening and non-
contact thermometer reading, a reading above 99 degrees will be considered a
high temperature. If you are symptomatic the lesson will be cancelled.

• If you are asymptomatic you may approach the vehicle. Before entering vehicle,
the Instructor will disinfect it with alcohol wipes including –
  o Steering wheel
  o Keys
  o Door handles
  o Dashboard controls
  o Gear shift
  o Handbrake
  o Seat controls
  o Any surface possibly touched by student.

  Your hands must be sanitized must be sanitized before entering the vehicle.

• Once you are in the vehicle the parent/guardian may leave. They must provide
the instructor with their contact information in the event it is needed before the
lesson is halted before the scheduled end time.

• While in the vehicle –
  o A disposable seat cover will be used
  o Disposable gloves may be used if requested
  o Air flow/ventilation will be enabled by slightly opening windows and use of
    the air conditioner on set uncirculated air
  o Follow all the Instructor’s directives.
  o Failure to follow protocol and/or directives will stop the lesson.

• Upon completion of lesson follow Instructor’s directives regarding discarding any
disposable PPE

• Upon completion of lesson, the instructor will remain seated as you exit the
training vehicle and return to your vehicle. Please follow staff directions and/or
signs for pick up location.

• Instructor will disinfect the vehicle, then discard disinfectant materials and any
disposable PPE

05/26/20
I. READ CAREFULLY: LEGAL RELEASE, ASSUMPTION OF RISK, AND WAIVER OF LIABILITY

IN CONSIDERATION OF THE UNDERSIGNED PARTICIPANT’S OBSERVATION OF, ATTENDANCE AT AND/OR PARTICIPATION IN ANY CMSC AUTO SCHOOL INC. TRAINING PROGRAM (LISTED BELOW), PARTICIPANT HEREBY AGREES AS FOLLOWS:

1) WHEREAS I AM: an adult student, trainee, participant, student under 18 years-old, parent or legal guardian of a student under 18 years-old, sibling, relative, friend, attendee, or observer, hereinafter collectively referred to as “the undersigned” and in consideration for being permitted to enter a CMSC Auto School vehicle or ride a CMSC motorcycle during an in-car driving lesson, observation or motorcycle course and/or for my child(ren) listed above to so participate for any purpose, including, but not limited to, riding, observation or use of CMSC AUTO SCHOOL facilities or equipment, or participation at any off-site CMSC location: The undersigned, on behalf of himself or herself and such participating children and any personal representatives, assigns, heirs, and next of kin (also referred to as “the undersigned”) hereby acknowledges, agrees and represents that he or she has carefully considered this liability and indemnification agreement and disease prevention protocol and has inspected the CMSC vehicle, motorcycle, premise, equipment or facility utilized and accepts the same as being safe and reasonably suitable for the use or participation by the undersigned and/or participating child(ren).

2) In addition, the undersigned acknowledges that novel coronavirus (“COVID-19”) infections have been confirmed throughout the United States, including cases in Massachusetts and the city and county of Worcester. In accordance with the most recent guidance and protocols issued by the Centers for Disease Control and Prevention (CDC) and Massachusetts Department of Health (“Public Health Agencies”) and their recommendations for preventing and slowing the transmission of COVID-19, the undersigned hereby agrees, represents, and warrants that neither the undersigned and/or participating child(ren) shall visit or utilize the facilities, services of CMSC AUTO SCHOOL (other than any exclusively online services and programs) or enter/mount any CMSC AUTO SCHOOL vehicle, motorcycle or facility within 14 days after:
   (i) returning from highly impacted areas subject to a CDC Level 3 Travel Health Notice,
   (ii) exposure to any person returning from areas subject to a CDC Level 3 Travel Health Notice, or
   (iii) exposure to any person who has a suspected or confirmed case of COVID-19. The CDC Travel Health Network is continuously updating this list and the undersigned agrees that they are aware of this list and updates. The undersigned agrees to check the CDC Travel Health Notices list https://wwwnc.cdc.gov/travel/notices prior to utilizing the facilities, services, and programs of CMSC AUTO SCHOOL, on a daily basis if necessary.

3) The undersigned also hereby agrees, represents, and warrants that neither the undersigned nor such participating children shall visit or utilize the facilities, services, and programs of CMSC AUTO SCHOOL or enter/mount any CMSC vehicle or motorcycle if he or she:
   (i) experiences symptoms of COVID-19, including, without limitation, fever, cough, shortness of breath or difficulty breathing, or at least two of these symptoms: fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell or
   (ii) has a suspected or diagnosed/confirmed case of COVID-19. The undersigned agrees to notify CMSC AUTO SCHOOL immediately if he or she believes that any of the above, foregoing access/participation restrictions may apply.

4) While CMSC has taken precautions to minimize such risks and to maximize the safety of the undersigned, some risk understandably remains, and cannot be controlled or eliminated by CMSC AUTO SCHOOL INC. or its owner(s), officers, managers, staff, teachers, employees, sub-contractors, driving instructors, motorcycle safety course providers, members, and/or agents, hereafter known as “CMSC Staff”. The undersigned has read and is fully aware of CMSC’S COVID-19 prevention protocol, list of personal protective equipment, cleaning and supplies.

5) CMSC AUTO SCHOOL has taken certain steps to implement recommended guidance and protocols issued by the Public Health Agencies for slowing the transmission of COVID-19, including, without limitation, the protocol, and restrictions set forth above. The undersigned acknowledges and agrees that CMSC AUTO SCHOOL may revise its procedures at any time based on updated recommended guidance and protocols issued by the Public Health Agencies and further agrees to comply with CMSC AUTO SCHOOL’s revised procedures prior to utilizing the facilities, services, programs and vehicles of CMSC AUTO SCHOOL. The undersigned further acknowledges and agrees that, due to the nature of in-car lessons, motorcycle lessons and vehicles used or owned by CMSC AUTO SCHOOL as well as its facilities, social distancing of 6-feet per person between the undersigned and/or CMSC staff is not always possible.

6) The undersigned fully understands and appreciates both the known and potential dangers of utilizing the facilities, services, programs, participating in in-car or motorcycle lessons and entering/mounting CMSC vehicles/motorcycles and that the undersigned may, despite CMSC AUTO SCHOOL’s reasonable efforts to mitigate such dangers, result in exposure to COVID-19, which could result in quarantine requirements, serious illness, disability, and/or death.

II. READ CAREFULLY: INDEMNIFICATION, HOLD HARMLESS, COVENANT NOT TO SUE AGREEMENT

1) In further consideration of being permitted by CMSC AUTO SCHOOL for any purpose including, but not limited to, in-car driving, observation, on-bike motorcycle lessons, observation or use of any CMSC equipment or facility, the undersigned and/or participating child(ren) and any personal representatives, assigns, heirs, and next of kin (a.k.a. “the undersigned”) hereby agrees to release, waive, covenant not to sue, and discharge CMSC AUTO SCHOOL, its directors, officers, employees, volunteers and agents from all liability to the undersigned.
I HAVE READ THIS RELEASE AGREEMENT, WAIVER OF LIABILITY AND THE INDEMNIFICATION, HOLD HARMLESS AND COVENANT NOT TO SUE AGREEMENT. I HAVE HAD THE OPPORTUNITY TO ASK ANY QUESTIONS ABOUT THE ABOVE AND I UNDERSTAND ITS TERMS AND MEANING. I AM VOLUNTARILY SIGNING AND BY DOING SO I AGREE IT IS MY INTENTION TO ASSUME ALL RISKS, AND RELEASE THE ABOVE NAMED CENTRAL MASS SAFETY COUNCIL AUTO SCHOOL INC, (CMSC AUTO SCHOOL INC, CMSC AUTO SCHOOL, OR CMSC) AND ITS OWNERS, OFFICERS, MANAGERS, STAFF, TEACHERS, EMPLOYEES, SUB-CONTRACTORS, DRIVING INSTRUCTORS, MOTORCYCLE SAFETY COURSE PROVIDERS, MEMBERS, AND/OR AGENTS FROM LIABILITY FOR PERSONAL ILLNESS, INJURY, OR WRONGFUL DEATH OR PROPERTY LOSS OR DAMAGE CAUSED BY NEGLIGENCE OR ANY OTHER CAUSE AND ANY AND ALL CLAIMS, DEMANDS OR CAUSES OF ACTION, WHICH ALLEGE NEGLIGENT ACTS OR OMISSIONS OF CMSC AUTO SCHOOL INC. I ALSO ACCEPT LEGAL RESPONSIBILITY AND THE COST TO PAY FOR ANY LOSS FOR CLAIMS OR LAWSUITS AGAINST CMSC AUTO SCHOOL INC. AND ITS AGENTS ARISING FROM MY OBSERVATION, ATTENDANCE AND/OR PARTICIPATION IN ANY CMSC AUTO SCHOOL, INC. TRAINING PROGRAM. I AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENT APART FROM FOREGOING WRITTEN AGREEMENT HAVE BEEN MADE. I AM AWARE THAT BY AGREEING TO THIS AGREEMENT I AM GIVING UP VALUABLE LEGAL RIGHTS, INCLUDING THE RIGHT TO RECOVER DAMAGES FROM CMSC AUTO SCHOOL IN CASE OF ILLNESS, INJURY, OR DEATH OR PROPERTY LOSS OR DAMAGE, INCLUDING, FOR THE AVOIDANCE OF DOUBT AND WITHOUT LIMITATION, EXPOSURE TO COVID-19 AT ANY CMSC AUTO SCHOOL FACILITY OR PROGRAM AND ANY ILLNESS, INJURY OR DEATH OR PROPERTY LOSS OR DAMAGE RESULTING. I UNDERSTAND THAT THIS DOCUMENT IS A PROMISE NOT TO SUE AND A RELEASE OF AND INDEMNIFICATION FOR ALL CLAIMS. IF SIGNING ON BEHALF OF MINOR I ALSO UNDERSTAND THAT THIS AGREEMENT IS MADE ON BEHALF OF MY MINOR CHILD(REN) AND/OR LEGAL WARDS AND I REPRESENT AND WARRANT TO CMSC AUTO SCHOOL THAT I HAVE FULL AUTHORITY TO SIGN AGREEMENT ON BEHALF OF SUCH MINOR(S).

___________________________/_________                      _____________________________________
(PARTICIPANT NAME – PRINT / DATE)                              (PARTICIPANT SIGNATURE)

______________________/______/_________________________________________________________
(PARENT NAME—PRINT / DATE / RELATIONSHIP) (PARENT/GUARDIAN SIGNATURE)

EMERGENCY CONTACT NAME EMERGENCY CONTACT NUMBER
We are doing everything possible in preparation for our limited return to road lessons on Monday 5/18. We're ramping up by deep cleaning our offices, disinfecting or 30 vehicles, 6 new, and training 15 new instructors to meet the demand. CMSC applied for and received the federal loan to re-hire employees in order to relieve the state’s staggering unemployment numbers. To that end CMSC is re-hiring as many of our veteran--as well as new--instructors as possible to meet the demand.

Thank you for your patience and solidarity during this difficult time. To live up to our reputation as the state's driver training leader CMSC is committed to quality education but most importantly to your and your child's safety. We'll see you back on the road soon!

Yours in safety and health,
Jake Cooney
General Manager

Over the past 33 years CMSC has trained 60,000 drivers and are truly committed to your child's safety. It is a 52-hour program including our award-winning Skid School which saves lives (mine included).
How to safely clean your car's interior from COVID-19

With COVID-19 upon us, here's how to safely clean your car's interior without damaging it

Janet Lambert and Alyssa Braze, USA TODAY
Updated 5:58 a.m. ET May 7, 2020

With the COVID-19 pandemic upon us, we can now become part of the new normal as we get into the new world. Just when we thought we were done cleaning our homes from the coronavirus, now we need to clean our car. But we don’t need to make sure it’s clean from the virus as well. Cleaners are required in the cleaning supplies you need to clean your vehicle, and luckily it’s not too complicated.

**Interior surfaces to clean: High-touch areas**

You should start off with the most frequently touched surfaces: the outside and inside door handles, steering wheel, gear shift, turn and signal lever, any buttons on your radio and climate control unit, seat upholstery, seat belts, mirrors, driver and passenger airbags, gear handles and seat adjustment levers, on both driver and passenger seats according to Consumer Reports.

**Basic products to clean your car**

Soap, water and alcohol solutions such as disinfectant wipes that contain at least 70% isopropyl alcohol are the most effective household products to kill the coronavirus according to the Centers for Disease Control and Prevention. Just like washing your hands for 20 seconds, that applies to your car’s interior surfaces too. Any product will need a few more seconds to breakdown the virus, so take your time before you wipe it clean.

**Protecting yourself and others while in a car**

The normal family car interior has a volume of about 100 cubic feet (in the size of a bedroom). We might run four – or sometimes five – people into that small space. It’s impossible to social distance in the car.

Here’s the potential problem as it relates to COVID-19. Over the decades, we’ve done a really nice job of sealing up our cars. Ever notice how quiet they are on the inside these days? That’s because every effort has been made to seal up every gap possible so there are better acoustics. The result is that the ventilation rate – how much fresh air comes into the car – can be quite low.

**Coronavirus accumulation in vehicles**

Refer to our for 10 minutes with all vehicle passengers can cause the COVID-19 viral particles to build up. Therefore are closed. The typical minute of fresh air corresponds to roughly every 3 minutes. Values are relative to the peak, even if other windows are open.

When the windows are closed, COVID-19 (fine aerosol particles) accumulates in the car cabin. With each new round, the concentration builds up with no significant dilution happening. But even opening one window open just 3 inches can keep this at bay, so the next time you’re in the car — be it your own vehicle with others or in a taxi, Uber or Lyft — open up the windows just a bit, even if everyone is feeling fine.