



**Central Mass Safety Council
OSHA 10 Hour Program for Construction
Updated**

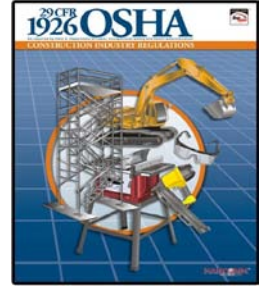
The Safety Council's OSHA 10-hour construction program provides in-depth formal training on the specific risks involved in the construction field. OSHA 10 hour training is required by some companies, organizations, and General Contractors before you walk onto a job site or even submit a bid. Upon successful completion of this program, you will receive OSHA 10 hour certification and an OSHA wallet card directly from the Department of Labor.

Some Topics Covered:

- o Introduction to OSHA
- o "Focus Four" Hazards
- o Personal Protective Equipment
- o Health Hazards in Construction

We may also include:

- Hearing Conservation
- Excavation
- Stairs and Ladders
- And more...



Payment: Due to the price of materials included in the program, pre-payment by either Credit Card or Check is required. Processed/Postmarked up to 7 days before the program date: Members: \$169 each. Nonmembers: \$199 each. Processed/Postmarked less than 7 days before the program date: Members: \$199each. Nonmembers: \$239each

Time: 1-day course: 7:30am - 6:30pm 2-day course: 8:30am - 3:30pm (Day 1) and 8:30am - 12:30pm (Day 2)

When: 1-day courses: Saturday, October 24, 2009; Saturday, November 14, 2009

2-day courses: Wed. 12/9/09 and Thurs. 12/10/09; Thurs. 1/14/10 and Fri. 1/15/10; Thurs. 2/18/10 and Fri. 2/19/10; Wed. 3/17/10 and Thurs. 3/18/10

Where: The Central Mass Safety Council, 186 W. Boylston, West Boylston, MA 01583... located behind Wachusett Plaza. Register by fax at: 508-835-2869. To register by phone or for more information call: 508-835-2333 X 23 or 978-875-1942

Name _____ Organization _____

Street Address _____ City _____

Phone _____ Fax _____ email _____

The amount of your investment is \$ _____ Payment Method (Mark box for "Credit Card" or "Company Check")

Credit Card VISA MC Card # _____ Expiration Date _____

Name on Card (Please Print) _____ Signature _____

Company check, mailed to: Central Mass Safety Council, 186 W. Boylston, West Boylston, MA 01583

Cancellation Policy: 7 or more business days from class: 100% refund; 4-6 business days from class: 50%; Less than 3 business days from class: 0%.

Your Instructors: Ted Rainha, the president of Safety Sense, has over 30 years of experience in construction and is a certified OSHA Outreach Instructor. Rich Bianchi is president of Bianchi Consulting, an OSHA Authorized Instructor and consultant to national/international corporations such as Bose, Gillette, and Pepsi; as well organizations of all sizes in the Northeast.