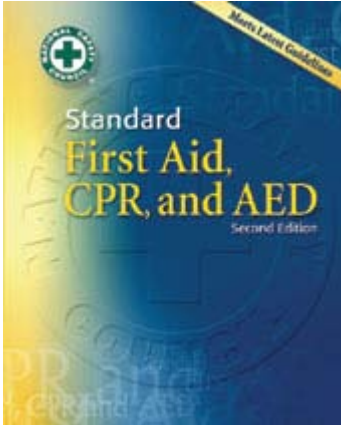


Emergency Care

Standard First Aid, CPR, and AED*

*NOTE: AED Certification can only be conducted at your facility on your company's AED. During open enrollment courses, we use a practice AED (which no certification can be issued for).



The National Safety Council makes it easy for anyone to learn Standard First Aid, CPR, and AED. We give you all the background information and skill testing you need to feel confident in the event of an emergency - and help save a life. More than 70 national medical, health and safety organizations have reviewed, contributed to, or endorsed NSC first aid programs.

Get the best First Aid, CPR, and AED training in one simple program. Whether it's as simple as a sprain or as serious as sudden cardiac arrest, this class has it covered. This comprehensive course teaches the participant how to recognize an emergency, act appropriately and sustain life until professional help arrives. It follows the most recent CPR and Cardiac Care guidelines and meets OSHA

standards for emergency care in the workplace.

Course Content:

- Acting in an Emergency
- Checking the Victim
- Basic Life Support
- Recovery Position
- Choking
- Heart Attack and Wound Care
- Shock
- Burns
- Serious Injuries
- Bone, Joint, and Muscle Injuries
- Sudden Illness
- Poisoning
- Cold and Heat Emergencies
- Rescuing and Moving Victims

Who Would Benefit?

- Emergency Response Teams
- Safety Personnel
- Supervisors
- Individuals Requiring Certification

Upcoming Course Dates: (Check One)

- Wednesday, October 7, 2009
- Saturday, November 7, 2009
- Wednesday, December 2, 2009
- Saturday, January 9, 2010
- Wednesday, February 3, 2010
- Saturday, March 6, 2010

Course Cost:

\$59.00 per person

Course Time:

8:30am - 3:30pm

(Course Cost Includes Manual, First Aid Quick Guide, and NSC Course Completion Certificate)

Course Location:

Central Mass. Safety Council
186 West Boylston Street
West Boylston, MA 01583

Note: Classes & prices are subject to change without notification. Classes require a minimum number of people. We reserve the right to cancel any class that does not meet this minimum requirement.

THREE WAYS TO REGISTER: 1. Mail this form 2. Fax 508-835-2869 3. Call 508-835-2333 x23

Name: _____

Company: _____

Address: _____

City, State, Zip: _____

Phone: _____ Fax: _____

Please indicate payment method:

- Pay at Door (10% Fee Added)
- Please Invoice (Members only)
- Check Enclosed (Payable to CMSC)
- Credit/Debit Card: • MasterCard • Visa

Card # _____

Exp. Date: _____

Name on Card: _____



Central Massachusetts Chapter
National Safety Council
186 West Boylston Street
West Boylston, MA 01583

For more information on our emergency care programs or on-site training, contact us at (508) 835-2333 x23.